



NORTH BERWICK HARBOUR TRUST ASSOCIATION

Registered Charity No SC045318



North Berwick Harbour

COVID 19 Phase 3 Guidance – Issue 3 – 6 August 2020

Phase 3 restrictions of the Scot Gov route map for moving out of lockdown are likely to be in place for at least another four weeks further

Individual sports and trade bodies have their own guidance on Phase 2 measures. Please read and understand them. These guidelines are concerned with the use of harbour facilities:

- Arrival – there is no car parking available at the harbour
- Seating around the harbour is extremely limited
- Movement around the harbour – be considerate and maintain social distance
- Use of facilities – leave it clean – bring sanitising and cleaning material with you
- Specific areas of the harbour may remain closed to discourage public gathering

Scottish Government advice and guidance should always be followed

- **Physical distancing requirements are still in place** - stay a minimum distance of 2 meters apart.

Specific guidance is published and updated here:

<https://www.gov.scot/publications/coronavirus-covid-19-phase-2-staying-safe-and-protecting-others/pages/meeting-others/>

The fundamentals of hygiene continue to apply when participating in outdoors activity: avoid touching surfaces with your hands, sharing equipment and touching your mouth and face. Please follow advice on the [NHS Inform website](#) about hygiene and wash your hands as soon as you get home

Some rules:

- The Harbour Master's Office is out of bounds. To contact the Harbour Master, use the phone, email, or talk outside maintaining the appropriate social distance.
- A contractor's compound is still on the Esplanade and is in use. Do not take vehicles on to the Esplanade. Do not leave boats on the Esplanade.
- **If you need to make use of someone else's property for access (boat, ladder, punt; etc) – seek permission – leave it clean. Seek to dissuade others from taking access via other people's property.**

Some guidance:

All users should be mindful of their impact on other harbour users:

- Maintain a 2m social distance at all times – except children 11 years and under. Allow extra time to get afloat; at busy times you may have to wait while others, including members of the public, move around you.
- Be considerate when preparing and moving equipment. Do not leave equipment unattended in areas where others move around. On the beach, safe passage for the public must be maintained.
- Be prepared to cancel your plans. If the harbour is too busy to ensure safe social distancing come back another time. The harbour (or certain areas) may be closed at the discretion of the Harbour Master; please respect his decisions.
- Be conservative when planning any activity and stay well within your capabilities.
- **“Assume it’s infected – leave it clean”**. Bring material with you to clean public surfaces and hands
- Gloves may protect you, but they can transfer virus from one surface to another – leave it clean
- The washdown facility is open but should be cleaned before and after use.
- If you intend going afloat alone, please consider;
 - using RYA SafeTrx <https://www.rya.org.uk/knowledge-advice/safe-boating/keep-in-touch/Pages/safetrx.aspx> or What3words <https://what3words.com/>
 - carrying a VHF radio
 - making sure someone knows where you are and when you are due back

Further changes likely:

- A one-way system may be introduced across the back of the harbour as other facilities and contractors working on the north west wall return; please observe.