

# STAY SAFE AT THE HARBOUR

## LOOK BEFORE YOU LEAP

you need a clear space with no people or boats in the water.



In an emergency phone 999 and ask for the coastguard.

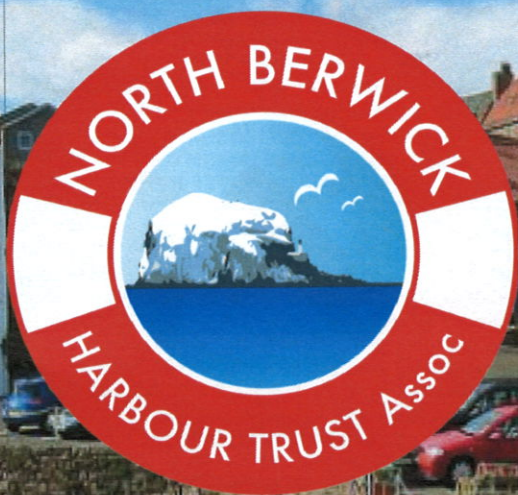


## Benefits

Children and adults have been harbour jumping, swimming and fishing from North Berwick Harbour and Galloways Pier for many years. The Harbour Trust sees many benefits in this, including improved health and fitness, long term safety by encouraging swimming and experience in the sea, and important chances for to mix with other children of different ages and adults who use the harbour area.



H  
! D  
! T  
! S  
ca  
! M  
ju  
pr  
! C  
or



## Stay safe while having fun

In an emergency phone 999 and ask for the coastguard.



Designed by: Maya Leslie

North Berwick High School  
S3 Graphic Communication